

Skin Allergy Testing Information

EVALUATION & COMPATIBILITY GUIDELINES



ProfessionPermanent
Caring Color
NATURAL &
ESSENTIALS
When smart colour
meets perfection.



ProfessionPermanent
Caring Color
REDS & FASHION
Highlights to
turn heads.



ProfessionPermanent
Caring Color
XPRESS
COLOUR
3x faster and perfect
performance.



Profession
Blonde Expert
HIGHLIGHT
100+ BLEND



Profession
Blonde Expert
HIGHLIGHT
100 BLEND



Profession
Blonde Expert
ULTRA COOL
BOOSTER

IMPORTANT GUIDANCE FOR HAIRDRESSERS



Indola offers you products that are developed and formulated to the highest standards of performance and safety.

A consultation with your client is an opportunity to present your expert knowledge as a professional hairdresser, introduce your clients to various colour products and also to explain the relevant safety aspects.

Start each colour service with a short consultation using the Professional Consultation Protocol. This will help you to decide whether you can proceed with the colouration and also whether you will need to carry out an Allergy Alert Test. Reactions, such as an allergy, cannot be ruled out in individual cases, however, a true allergic reaction is extremely rare. Allergies arise as a reaction to natural or synthetic substances found in a person's environment or food, e.g. an individual could develop an allergy after repeated contact with cosmetic ingredients.

We recommend that you keep a client record card for future reference.

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HAIR COLOURING

PROFESSIONAL CONSULTATION PROTOCOL

CONSULTATION

It is important to always ensure that a Professional Safety Evaluation is carried out before each colour service, this will assist with deciding if the Allergy Alert Test should be performed and if a colour service would be suitable for your client.

Every colour client should receive an initial Allergy Alert Test prior to receiving their first colour service in your salon.

To decide if any further Allergy Alert Tests are required prior to a follow-up colour service in your salon you must ask the questions that appear on the Professional Safety Evaluation and make a note of the results.

However, it is extremely important that you always bear in mind that no test or protocol can provide a 100% guarantee that your client will avoid any future allergic reactions.

Allergy Alert Test

Following the answers to the Professional Safety Evaluation, it may be necessary for you to perform an Allergy Alert Test. The guidelines on how to perform the Allergy Alert Test are available on our instructions for use leaflet; you will also find this information in this booklet on page 6.

Performing the Colour Service

At the back of this booklet you will find some useful Q&As to help you when performing your client's colour service.

PROFESSIONAL EVALUATION QUESTIONNAIRE

PROFESSIONAL SAFETY			
1. Has your client had an allergic reaction to hair colourant products?	NO ↓	YES →	 <p>STOP!</p> <p>Explain to your client that you CANNOT colour their hair</p>
2. Has your client ever had a reaction to a temporary 'black henna' tattoo, any other type of skin tattoo or permanent make-up?	NO ↓	YES →	
3. Does your client currently have a rash on their face or an irritated and damaged scalp?	NO ↓	YES →	
4. Is this the first time your client has coloured their hair?	NO ↓	YES →	 <p>WARNING!</p> <p>Carry out an ALLERGY ALERT TEST as shown on page 6</p>
5. Is this the first time they have visited your salon as a colour client or are they changing shade?	NO ↓	YES →	
6. Has it been more than 6 months since your client's last allergy test?	NO ↓	YES →	
7. Has your client had any type of an allergic reaction since their last colouration?	NO ↓	YES →	
You can proceed with the colour service... GO ←			

If your client has answered '**NO**' to all of the above questions, you may commence the colour service without the need to perform an Allergy Alert Test. Please ensure your client record card has been fully completed and ask your client to sign the record card.

If your client has answered '**YES**' to any of the questions 1-3 **YOU MUST NOT COLOUR YOUR CLIENT'S HAIR.**

If your client has answered '**YES**' to any of the questions 4-7 an **ALLERGY ALERT TEST** must be performed – please see the product instructions for use or page 6 of this booklet.

HOW TO PERFORM THE ALLERGY ALERT TEST

If, after carrying out the Professional Safety Evaluation an Allergy Alert Test is required this should be performed 48 hours before the colour service.



- Perform the Allergy Alert Test on an area of skin sized approximately 1cm x 1cm on the inside of the elbow.



- Apply a small amount of the Colour Creme in a thin layer on the inside of the elbow with a cotton bud and leave uncovered for 45 minutes.



- Avoid contact with clothes.

- Close tube again carefully.

- After 45 minutes, wash off the Colour Creme carefully with lukewarm water.



- If any reaction occurs during the processing time or during the following 48 hours, rinse immediately and do not use the product.



- This test represents an important precaution. However, be aware that even if an Allergy Alert Test has been carried out the client may still experience an allergic reaction.



- The Allergy Alert Test is not a guarantee of avoiding future allergic reactions.



PLEASE REFER TO THE INSTRUCTIONS FOR USE LEAFLET OR ALTERNATIVELY PLEASE CALL THE TECHNICAL ADVISORY HELPLINE ON (UK) +44 1442 278000 / (IE) 01-4046424



Ensure you perform the Allergy Alert Test using the shade/product you intend to use on your client.

Should your regular client wish to alter their colour you must perform an Allergy Alert Test.

Hair colourants are not intended for use on clients under the age of 16.

PROFESSIONAL COLOURING ADVICE

Before commencing any colouration service always ensure that you read the instructions for use leaflet that is provided with the product. Follow the instructions for use carefully.

Always ensure that your client's clothes are suitably protected and ask your client to remove any jewellery or spectacles that may interfere with the colour service.

Always ensure that you are wearing any necessary personal protective equipment such as an apron and gloves. Disposable gloves must be worn during the colour preparation, application and removal of the colourant.



If during colouring your client experiences:

- Any stinging or burning and/or a rash, rinse immediately and discontinue use as this may be an indication of a more serious reaction. **DO NOT** colour their hair again and advise the client to consult a doctor or seek medical advice.
- Rapidly spreading skin rash, dizziness or faintness, shortness of breath and/or swelling of eyes/face rinse immediately and have the client seek immediate medical attention and contact the Technical Advisory Helpline.
- If after colouring or on the following days the client experiences problems such as skin or scalp itching, skin or scalp rash, swelling of eyes/face, blistering and/or skin or scalp weeping have the client seek immediate medical attention and contact the Technical Advisory Helpline on (UK) +44 1442 278000 / (IE) 01-4046424.

FREQUENTLY ASKED QUESTIONS

Q. Why should I perform the Allergy Alert Test (AAT) on my regular clients every 6 months, even when they have a regular colour appointment?

A. Allergies may develop over time so performing an AAT at least once every 6 months and keeping a full history of previous colour applications will help to identify if your client is developing an allergy.

FREQUENTLY ASKED QUESTIONS

Q. When do I need to perform the Allergy Alert Test (AAT)?

- A. You **MUST** perform the AAT if the client is new to your salon, changing their colour service/shade or if the client has reported any adverse reactions. Otherwise, for regular returning clients who have the same colour service and shade you only need to perform the AAT at least every 6 months?

Please follow the Professional Safety Evaluation on page 5.

Q. What colour/shade should I use to perform the Allergy Alert Test (AAT)?

- A. Always use the product/shade that you intend to use on your client following the instructions on page 6. If your client changes their mind about the shade they would like you must perform another AAT with that shade.

Q. My client receives a bleach/lightening service, do I need to perform an Allergy Alert Test (AAT)?

- A. No, an AAT is not required for bleaching, however, should you wish to use a toner or another shade after the bleaching/lightening service an AAT must be performed.

Q. Why do I have to perform the Allergy Alert Test (AAT) 48 hours prior to my client's appointment?

- A. A reaction can take up to 48 hours to develop, therefore, by performing the test 48 hours prior to the appointment, this should allow sufficient time for any reaction to be identified.

Q. Do I need to cleanse the skin test area with surgical spirit etc before I perform the test?

- A. No, we do not recommend this.

Q. Once I have applied the test do I need to cover the area with a plaster etc?

- A. No, we do not recommend this. The test area on the inside elbow should be left uncovered for 45 minutes; then gently remove the colour cream with lukewarm water.

Q. Can I carry on colouring my client's hair if she is pregnant or breast feeding?

A. Scientifically, there is no reason why you shouldn't be able to colour your client's hair during pregnancy. The safety of hair colourant use during pregnancy is taken into account at the product development stage. However, you must remember that during pregnancy and breast feeding the body may react more sensitively to external influences. In this instance, we would strongly advise that the Allergy Alert Test (AAT) be performed before each time you colour the client's hair. Please ask your client to seek medical advice if they have any concerns.

Q. What difference does it make if my client has had a temporary tattoo in the past?

A. If your client has suffered a reaction to a temporary 'black henna' tattoo in the past then you should not colour their hair. If the client has had a temporary tattoo and they did not experience a reaction at the time, they may have been sensitized by the ingredients used, so always perform an Allergy Alert Test (AAT) in these cases.

Q. What should I do if my client reacts to the Allergy Alert Test (AAT)?

A. **DO NOT APPLY ANY COLOUR**, advise your client to seek medical advice before you perform any further colour service.

Q. What should I do if my client informs me that they have previously reacted to an Allergy Alert Test (AAT)?

A. **DO NOT APPLY ANY COLOUR**, this includes any colourant from another manufacturer, refer your client to their GP

Q. What should I do if my client reacts during the Allergy Alert Test (AAT) or 48 hours after performing the AAT?

A. **If the AAT is still present on the inside of the forearm you must remove it IMMEDIATELY and ask your client to seek medical advice.** If the reaction occurs during the 48 hours after the AAT **DO NOT COLOUR YOUR CLIENT'S HAIR and ask them to seek THE ADVICE OF A DOCTOR OR DERMATOLOGIST.**

FREQUENTLY ASKED QUESTIONS

Q. What should I do if my client experiences discomfort during the colouring process?

A. If the client complains of stinging or burning or develops a rash during the colouring process, **RINSE THEIR HAIR IMMEDIATELY AND HAVE THEM SEEK MEDICAL ADVICE.** If the client has a rapidly spreading skin rash, dizziness or faintness, shortness of breath and/or swelling of the eyes or face during the colouring process, **RINSE THE HAIR STRAIGHT AWAY AND SEEK IMMEDIATE MEDICAL ADVICE. DO NOT ATTEMPT TO COLOUR THE CLIENT'S HAIR AGAIN AND CONTACT THE TECHNICAL ADVISORY HELPLINE.**

Q. Should I keep a record of every Allergy Alert Test (AAT)?

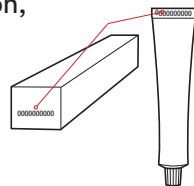
A. Yes, you should keep this information on your client record card (subject to local laws for the privacy protection of personal computer records). You need to keep records to show your duty of care to the client.

Q. What information should I include on my client record card?

A. We would recommend the following:

- Confirmation the Professional Safety Evaluation has been performed
- Date of the Allergy Alert Test
- Result of the Allergy Alert Test
- Record of any additional tests i.e. incompatibility, porosity etc.
- Record the condition of the scalp before colouring and whether the client experienced any symptoms such as itching during the colour process.
- What colour service was performed i.e. full head application, off-scalp foils etc
- Which products were used, including type of colour, developer strength, mixing ratio, development time etc

Additionally, it is useful to make a note of the batch number from the product used.



Q. What do I do if I am unsure of the result after performing the Allergy Alert Test (AAT)?

A. If you are in doubt, **DO NOT PROCEED WITH THE COLOURING PROCESS** and contact the Technical Advisory Helpline on (UK) +44 1442 278000 / (IE) 01-4046424 for further advice.

CLIENT RECORD CARD

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Please refer to the
instructions for use leaflet
or alternatively please call the
technical advisory helpline on

**(UK) +44 1442 278000/
(IE) 01-4046424**

For general information about cosmetic products,
please visit www.thefactsabout.co.uk

Follow us online
indola.co.uk

